



NEW PATIENT INTAKE

Today's Date: _____

Last Name _____ First Name _____ Date of Birth: _____

PAST MEDICAL HISTORY: (Please check all that apply)

- | | | |
|---|---|--|
| ☐ Anxiety | ☐ Crohn's/Ulcerative Colitis | ☐ Osteoporosis/Osteopenia |
| ☐ Asthma | ☐ Depression | ☐ Psychiatric hospitalization |
| ☐ AFIB/Atrial Fibrillation | ☐ Diabetes | ☐ Rheumatoid Arthritis |
| ☐ Bipolar Disease | ☐ Glaucoma | ☐ Sleep Apnea |
| ☐ Bleeding Disorder | ☐ High cholesterol | ☐ Stroke |
| ☐ Cancer, type _____ | ☐ High blood pressure | ☐ SLE |
| ☐ COPD/Emphysema | ☐ Kidney stone(s) | ☐ Thyroid disease |
| ☐ CAD/Heart disease | ☐ Kidney Disease | ☐ Ulcers |
| ☐ Clotting Disorder | ☐ Liver Disease | |
| | ☐ Migraine headaches | |

Please list any others: _____

ALLERGIES: ☐ No Known Drug Allergies *Please list any medication allergies below or check if none.*

Medication Name	Allergic Reaction

PAST SURGICAL HISTORY: (Please check all that apply)

- | | |
|---|---|
| ☐ Aneurysm coiling | ☐ Gallbladder |
| ☐ Aneurysm clipping | ☐ Appendix |
| ☐ Brain surgery for _____ | ☐ Inguinal hernia ___Right or ___Left |
| ☐ Cervical spinal fusion | ☐ Prostate |
| ☐ Lumbar discectomy | ☐ Hysterectomy |
| ☐ Lumbar laminectomy | ☐ C-section |
| ☐ Lumbar spinal fusion | ☐ Shoulder arthroscopy ___Right or ___Left |
| ☐ Pacemaker | ☐ Shoulder replacement ___Right or ___Left |
| ☐ Defibrillator | ☐ Elbow surgery ___Right or ___Left |
| ☐ Cardiac stent(s) | ☐ Carpal tunnel ___Right or ___Left |
| ☐ Coronary artery bypass graft | ☐ Knee surgery ___Right or ___Left |
| ☐ Heart valve replacement | ☐ Knee replacement ___Right or ___Left |
| ☐ Bovine ☐ Pig ☐ Metal | ☐ Hip replacement ___Right or ___Left |
| ☐ Carotid artery ___Right or ___Left | |

Please list others: _____

SOCIAL HISTORY:

Marital status: ☐ Single ☐ Married ☐ Divorced ☐ Widowed How many children? _____

Live with: ☐ Spouse ☐ Partner ☐ Alone ☐ Children ☐ Parent(s) ☐ Sibling(s) ☐ Other _____

Occupation: _____ ☐ Retired

Tobacco Use: ☐ Regularly packs/day_____ ☐ Occasional ☐ Never ☐ Previously, quit when?_____

Alcohol Use: ☐ None ☐ Rarely ☐ Socially ☐ Occasionally ☐ Often ☐ Daily ☐ Regularly in the past
current drinks/day_____

Illicit drug use: ☐ None ☐ Rarely ☐ Socially ☐ Occasionally ☐ Often ☐ Daily ☐ Regularly in the past

Which drug(s)? _____

MEDICATIONS: GIVE US A LIST or write below

Medication Name	Strength/Dose (mg)	Number of Times per Day	Medication Name	Strength/Dose (mg)	Number of Times per Day

Today's Date: _____

Last Name _____ First Name _____ Date of Birth: _____

Over the last two weeks, how often have you been bothered by the following problems? (Circle number)

GAD-7	Not at all	Several Days	Over half the days	Nearly every day
Feeling nervous, anxious, or on edge	0	1	2	3
Not being able to stop or control worrying	0	1	2	3
Worrying too much about different things	0	1	2	3
Trouble relaxing	0	1	2	3
Being so restless that it's hard to sit still	0	1	2	3
Becoming easily annoyed or irritable	0	1	2	3
Feeling afraid as if something awful might happen	0	1	2	3
Add the score for each column				
TOTAL SCORE=				

If you checked off *any problems*, how difficult have these problems made it for you to do your work, take care of things at home, or get along with other people?

Somewhat difficult _____
 Very difficult _____
 Extremely difficult _____

Not difficult at all _____

PHQ-9	Not at all	Several Days	Over half the days	Nearly every day
Little interest or pleasure in doing things	0	1	2	3
Feeling down, depressed, or hopeless	0	1	2	3
Trouble falling or staying asleep, or sleeping too much	0	1	2	3
Feeling tired or having little energy	0	1	2	3
Poor appetite or overeating	0	1	2	3
Feeling bad about yourself, or that you are a failure or have let yourself or your family down	0	1	2	3
Trouble concentrating on things, such as reading the newspaper or watching television	0	1	2	3
Moving or speaking so slowly that other people could have noticed. Or the opposite—being so fidgety or restless that you have been moving around a lot more than usual	0	1	2	3
Thoughts that you would be better off dead, or of hurting yourself	0	1	2	3
Add the score for each column				
TOTAL SCORE=				